

CUT THE APRON STRINGS

SUPPLY LIST 1 yard of fabric 1/2 - 1 cup plastic pellets embellishments of your choice

1 MARK, CUT, and SEW

Fold the fabric with right sides together and trim away the selvages. Align a rotary cutting ruler along the fold and trim just enough to straighten the fabric on the top and bottom edges.

Fold the fabric in half again. Measure 4¹/₂" in from 1 side and 8" down from the top. Mark the measurements as you go.

Cut the neckline by cutting through all 4 layers of fabric beginning at the $4\frac{1}{2}$ " mark, gently curving toward and ending at the 8" mark. **1A**

Open the last fold you made. **Note:** if you want to add "fidget" ribbons, see instructions at the bottom of the second column as they will need to be added before the apron pieces are stitched together. You will want the raw edges to be enclosed so it remains reversible. Stitch around all edges using a ¼" seam allowance. Leave a 6" opening along the bottom edge.

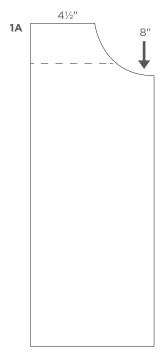
Turn right side out and top stitch. Be sure to leave the opening along the bottom.

Pour $\frac{1}{4} - \frac{1}{2}$ cup of plastic pellets into 1 shoulder through the bottom opening. Gathering up the fabric in your hands will help form a little pocket in the shoulder area. After the pellets have been added, sew across that area twice. **Note:** using a pencil or a slim, short dowel between the area with the pellets and the sewing machine foot will keep the pellets in place while you stitch.

Repeat for the other shoulder area.

Turn the edges of the bottom opening in toward the inside of the apron. Top stitch the opening closed.

*If you choose to add "fidget" ribbons to the bottom of the apron, you'll need about 1½ yards of ribbon or wide rickrack. We cut 9 pieces of rickrack into 6" increments, folded each piece in half, then basted the raw edges to the bottom of the apron before sewing it closed.



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