SINCE 1856

Reusable ALL-IN-ONE! Microgreens Kit

CLEAR HUMIDITY DOME to aid in germination

> • NETTED INSERT for drainage and to hold the seed mat

DURABLE PLASTIC TRAY BPA-free

> SOILLESS PRE-SEEDED MICROGREEN SEED MATS 6 sheets included

GROWING INSTRUCTIONS:

- 1. Prepare kit by placing the netted insert in the green plastic tray.
- 2. Choose a pre-seeded mat and saturate with warm water. **TIP:** Warm water will make seeds sprout sooner!
- 3. Place mat on netted insert and cover with humidity dome. **2 mats will fit** *side-by-side*.
- 4. Place kit in a warm area with temperatures between 65° and 75° degrees near a sunny window.
- 5. Mist mats twice daily, making sure they remain moist at all times. Keep covered.
- 6. Once seeds germinate, remove humidity dome and allow good air flow. Mist microgreens to keep them fresh and growing.
- 7. HARVEST! When microgreens reach 1-3 inches, cut as needed.