

1. Quilting on printed panels is a great way to hone your Free Motion Skills.
2. Choose a panel that will have designs that will challenge you and push you to learn new motifs and skills.
3. Start with a smaller, more manageable panel, and sandwich it with a backing and batting you like.
4. Pin baste, watch where you place the pins so that they are not in your path.
5. You can use your panel for additional practice by changing thread colors so that you can see your newest work.