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Make Your Own Sensory Shaker

Suitable For 3+ Years



Let's
PLAY



What You Will Need:

- Re-Cycled Bottle / Old Plastic Bottle
- Pom Poms
- Coloured Paints
- Spare Rice or Coffee Beans
- Glitter, Feathers, Ribbon etc
- Tape
- Material For a Shaker - Toilet Paper Rolls
- Water

Step By Step Guide:

1. Start by gathering your recycled bottle and opening the lid
2. Decided what you want to fill your bottle with whether it be rice, water, coffee beans or coloured beads
3. You can add in feathers, art & crafts pieces etc
4. Extra: You can paint the outside of the bottle to your very own creation

Make sure to show us your creations by tagging @jaquesoflondon on Instagram and don't forget to have fun!