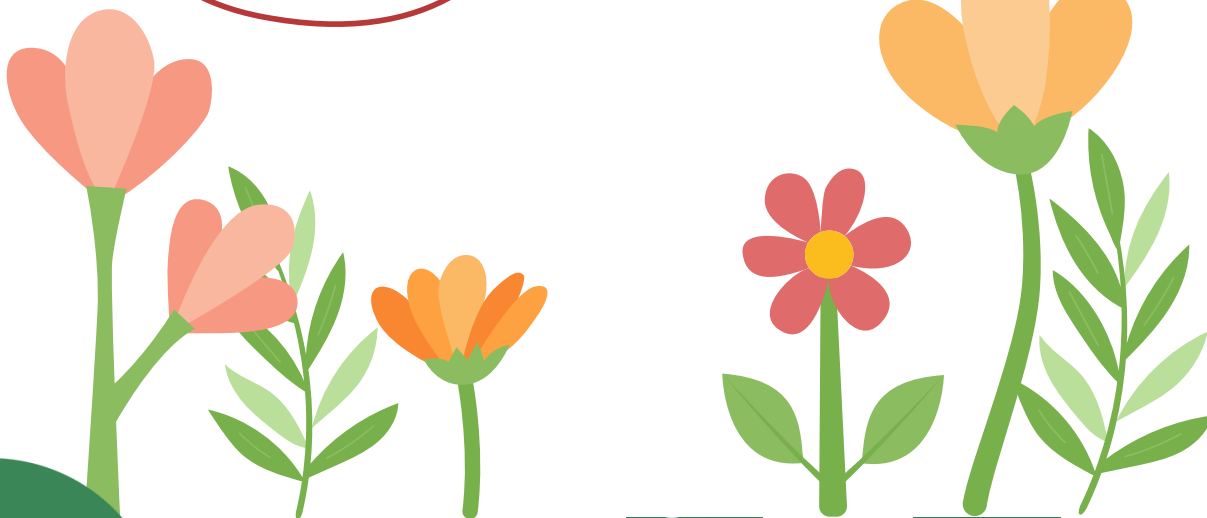


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# DIY Skipping Rope

Suitable For 3+ Years



# What You Will Need:

- Paper Straws
- Thin Nylon Cord or Thread  
(Any kind of durable string should work)
- Scissors - with an adult supervision!

# Step By Step Guide:

1. Begin by cutting the straws into equal size shaped beads
2. Then get your nylon cord or piece of thread and carefully cut (with a parent supervision) to a skipping rope length
3. Tie a knot at one end of the piece of thread
4. Begin to thread the pieces of straw onto the piece of thread to create a skipping rope
5. Once you have a full skipping rope, tie a knot at the other end to secure all the beads in place
6. Threading is a great way to work on fine motor skills!

Make sure to tag us @jaquesoflondon on Instagram so we can see your skipping ropes in action!

