

# DIY Playdough



## What You Will Need:

- 1 cup of flour
- 1/2 cup of table salt
- 2 tablespoons of cream of tartar
- 1 cup of boiling water
- 1 tablespoon of vegetable oil
- Food colouring
- A wooden spoon
- Bowl
- Clingfilm
- An airtight container

## Instructions:

- 1) Combine the flour, salt and tartar - mix them all together.
- 2) Add the oil.
- 3) Add a few drops of food colouring into boiling water and then carefully add this to the mixture - be mindful it's very hot!
- 4) Mix everything together with a wooden spoon, then when the mixture has cooled a little bit, take the mixture and massage with your hands until it is no longer sticky.
- 5) Once cool, you can play with your creation.
- 6) To store and save for later, wrap the mixture in clingfilm and store it in an airtight container at room temperature for up to 4 months.

## Customisation Options:

The customisation options are limitless! You could add any food colouring you like, including sparkles and even add natural flavours or essential oils. Try adding a lavender scent to encourage a soothing experience for your little learners. It has a proven therapeutic quality!